DOCUMENT RESUME

ED 063 052 24 PS 005 712

AUTHOR	Ingalls, Dorothy M.
TITLE	Development and Implementation of a Comprehensive Health and Nutrition Record. Final Report.
SPONS AGENCY	National Center for Educational Research and Development (DHEW/OE), Washington, D.C.
REPORT NO	Proj-I-B-039
PUB DATE	Feb 72
GRANT	OEG-2-710039
NOTE	19p.
EDRS PRICE	MF-$0.65 HC-$3.29
DESCRIPTORS	*Child Care Centers; Child Development; Data Collection; Early Childhood; *Health; *Nutrition; Parent Participation; Physical Development; *Preschool Children; Psychological Patterns; *Records (Forms); Research Projects
IDENTIFIERS	New Jersey; *Trenton

ABSTRACT

The objectives of this project were: (1) to determine the items necessary for a comprehensive Health and Nutrition Record to be sent to the public and parochial schools from selected preschool day care servicing agencies; (2) to design an instrument on which to record the necessary health and nutrition data; (3) to determine ways of channeling this information to the Trenton (N.J.) public and parochial school from the selected day care servicing agencies; and (4) to implement the selected way of channeling the information. These four objectives were completed during the project period. Certain limitations to accomplishing the work are discussed, and suggestions regarding these are given. It is also suggested that the classroom teacher of the receiving school be given an opportunity to read and evaluate the information on page 1 of the instrument. A copy of the Health and Nutrition Record designed as provided, as is a Final Budget Report. (DB)

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1-B-039
Received 5/31/72 PA24
John Sokol
DEMCE
PS

Dr. John Sokol
Director, Educational Research
DHEW-OFFICE OF EDUCATION - RM 1013
Federal Building
26 Federal Plaza
New York, New York 10007

Final Report

Project No. IB039
Grant No. OEG-2-710039

Dr. Dorothy M. Ingalls
Trenton State College
Hillwood Lakes
Trenton, New Jersey 08625

DEVELOPMENT AND IMPLEMENTATION OF A COMPREHENSIVE HEALTH AND NUTRITION RECORD

February 1972

U.S. DEPARTMENT OF HEALTH, EDUCATION AND WELFARE

Office of Education

National Center for Educational Research
and Development
(Regional Research Program)

ED 063052
PS 005712

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DEVELOPMENT AND IMPLEMENTATION OF A COMPREHENSIVE HEALTH AND NUTRITION RECORD

Dr. Dorothy M. Ingalls
Trenton State College
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Trenton, New Jersey 08625

February 1972

The research reported herein was performed pursuant to a grant with the Office of Education, U.S. Department of Health, Education, and Welfare. Contractors undertaking such projects under Government sponsorship are encouraged to express freely their professional judgment in the conduct of the project. Points of view or opinions stated do not, therefore, necessarily represent official Office of Education position or policy.

PS 005712

U.S. DEPARTMENT OF
HEALTH, EDUCATION, AND WELFARE

Office of Education
National Center for Educational
Research and Development

The $10,000 or under Research Proposal No. IB039--DEVELOPMENT AND IMPLEMENTATION OF A COMPREHENSIVE HEALTH AND NUTRITION RECORD describes the methods, procedures, results, conclusions and recommendations relative to the Comprehensive Health and Nutrition Record developed by Dr. Dorothy M. Ingalls, Associate Professor, Trenton State College, Trenton, New Jersey.

Health and registration forms used by seven cooperating day care centers were evaluated. Common items incorporated into the first draft of the proposed instrument. The final instrument is the result of revisiors based on the suggestions of representatives of the cooperating agencies and a pretest by the social worker employed by the Community Day Care Center.

Copies of the instrument were distributed to the participating agencies. The Greater Mercer Comprehensive Planning Council, the coordinating agency for public and private day care centers in Mercer County, will act as disseminating agent following the original distribution. Dr. Henry Birne, City of Trenton Health Officer, has agreed to include the section relative to nutrition and health habits in his medical record for children born in the city.

Sensitized paper will be utilized to provide three copies; two will be sent to Dr. Birne's office and the other will be sent to the receiving school.

Chapter I -- Introduction

The following final report for the $10,000 or under Research Proposal No. IB309--DEVELOPMENT AND IMPLEMENTATION OF A COMPREHENSIVE HEALTH AND NUTRITION RECORD, approved by the U.S. Commissioner of Education for the Bureau of Research Support on January 31, 1971 and by the State of New Jersey on March 4, 1971 describes the methods, procedures, results, conclusions and recommendations relative to the Comprehensive Health and Nutrition Record developed by Dr. Dorothy M. Ingalls, Associate Professor, Trenton State College, Hillwood Lakes, Trenton, New Jersey.

The need for a standardized Health and Nutrition Record had been determined during a series of meetings held with representatives of the selected day care centers and the City of Trenton public and parochial schools during the Spring of 1970. It was also suggested that lines of communication among the various agencies needed development. The following objectives were set forth in the original proposal:

A. To determine the items necessary for a comprehensive Health and Nutrition Record to be sent to the Trenton Public and Parochial Schools from selected pre-school day care servicing agencies.
B. To design an instrument on which to record the necessary health and nutrition data.
C. To determine ways of channeling this information to the Trenton Public and Parochial Schools from selected day care centers.
D. To implement the selected way of channeling information.

During the year that followed the approval of the project, Dr. Dorothy M. Ingalls contacted as many of the participants of the Spring 1970 sessions as possible and met with them in March of 1971 to discuss the project and to determine the best method of fulfilling the objectives. Health forms presently used by the participating agencies were collected and reviewed for common inclusions. A first draft was then sent to all participants with a request for reactions and revisions. On the basis of responses additional drafts were developed and distributed for evaluation. The fourth draft was taken to Community Day Care Corporation Center and pre-tested by the social worker. Several very worthwhile suggestions were made and incorporated in the final draft. Preliminary Documents are on file.

The literature was searched for information relative to health and nutrition records used in day care centers and their utilization by receiving public and parochial schools, but nothing was available relative to the project.

A supply of the final instrument, Health and Nutrition Record, will be provided to the participating agencies and to those publically funded day care centers in Mercer County indicating a desire to utilize the instrument. Plates will be available at the printers permitting minor changes and allowing re-prints at a very mirimal cost. In addition, the Greater Mercer Comprehensive Planning Council, the coordinating agency for all public and private day care centers, will act as disseminating agent following the original distribution. Dr. Henry Birne, Trenton Health Officer, has been kept aware of the project and has agreed to include the section relative to nutrition and health habits in his medical record for children born in the city of Trenton. It was agreed that one copy of each Health and Nutrition Record would be sent to his office at registration and when the child left the day care center. The other copy would be sent to the receiving school district.

Although the Health and Nutrition Record has been developed for the Trenton area, it has been suggested that it be shared with the New York Office of HEW. All participants--Dr. Birne, Mr. Waxman, Associate Executive Director of Greater Mercer Comprehensive Planning Council, Mrs. Florence Foster, Director for Early Childhood, N. J. Department of Education have been most complimentary and have agreed the Health and Nutrition Record is the most inclusive and concise record available for use in the day care centers of Mercer County.

Limitation of the research on this project was caused by the fact that until recently there has been little coordination of the day care centers in the City of Trenton. Many agencies are in desperate need of financial assistance to increase staff in order to provide coordination of effort so all will know what the other is doing and can develop some kind of standardization. It is hoped the Greater Mercer Comprehensive Council will provide the

necessary leadership to accomplish the task. However, they are in need of additional funding at present. It is the principal investigator's suggestion that every attempt be made to support the Council's effort.

Another limitation was caused by the method of funding. Although the project was approved by the U.S. Commissioner of Education for the Bureau of Research on January 31, 1971, it was not approved by the State of New Jersey until June 1, 1971. It was not until the principal investigator, Dr. Dorothy M. Ingalls, threatened to give up the project that budget codes were made available. This delay necessitated an extension of time and made it very difficult to follow through on the original design due to the fact that summer vacations made participants unavailable and the original momentum was interrupted.

Chapter II -- Methods and Procedures

At the onset of the project an attempt was made to contact the representatives from the agencies participating in the original spring 1970 sessions. A list of possible participants was secured from one of the members of the spring 1970 group. An invitation to a meeting held on May 18, 1971 at Trenton State College was sent to those suggested. The following attended the session during which common problems were discussed and suggestions for possible solutions were detailed.

Dr. Dorothy M. Ingalls	Trenton State College
Mrs. Inez Hinds	Trenton State College
Mrs. Juanita Faulkner	Community Day Care Corporation
Mrs. Yvonne Knight	Carolyn Stokes Day Care
Dr. Ethel Allen	Philadelphia Health Director
Mrs. Margo Mintz	Mercer Street Friends Day Care
Sister Mary Esther	Mt. Carmel Guild
Mrs. Florence Ford	Follow Through-City of Trenton
Mrs. Jeanetter Bellisfield	Head Start Nurse-City of Trenton
Miss Millie Nobles	Follow Through Program-City of Trenton

Dr. Ethel Allen, City of Philadelphia Neighborhood Health Director, attended the meetings as consultant and Mrs. Inez Hinds, Assistant Professor, Department of Early Childhood, also participated as consultant.

The attending representatives from the day care centers and the City of Trenton public schools agreed to act as consultants and reactors during completion of the project. Each person was asked to supply a copy of the health record presently in use by the agency.

Each record was read and all common items were noted. Contact was made with Dr. Henry Birne, Trenton Health Officer, when it was discovered his department was working with a medical group to develop a health record for all children born in the City of Trenton from birth to the age 21. A copy of the first draft was made available and it was agreed the project instrument would be designed to feed into Dr. Birne's Health Record.

The first draft followed by several revisions was sent to each member of the group on the original listing asking for suggestions for changes. As responses were returned, the suggestions were incorporated in the next draft. The final draft was taken to the Community Day Care Corporation Center and with the cooperation of Mrs. Juanita Faulkner, Director, was pre-tested by the social worker. Several worthwhile suggestions were made and incorporated in the final instrument. Preliminary Documents are on file.

A conference was scheduled with Dr. Henry Birne during December to discuss the most recent draft. Dr. Birne indicated the Health and Nutrition Record was the most inclusive he had seen. He and his public health nurse evaluated the instrument, but had no additional suggestions. Dr. Birne was given permission to incorporate some items of the nutrition record in his health form.

Printers were contacted for suggestions and it was decided to print the Health and Nutrition Record on sensitized paper providing three copies of each page. One page would be used by the social worker or person interviewing during registration; the other to be used by the medical staff. In order to provide sufficient space and allow for storage in a standard file drawer, it was decided to use the 9" x 12" size. Bids were obtained and the Hermitage Printer was selected primarily because of convenience of location.

Since there appeared to be sufficient remaining funds to provide additional copies, Mrs. Florence Foster, Director of Early Childhood, Department of Education, State of New Jersey, was contacted for a listing of all day care centers in Mercer County. A list was provided and each publically funded center was contacted and asked if they would be interested in using the instrument. Requests were made for re-allocation of funds to provide the needed copies.

Mr. Albert Waxman, Associate Executive Director of Greater Mercer Comprehensive Planning Council heard about the project during one of the meetings of the council. He called to ask if copies of the drafts of the instrument might be sent to him and his name added to the list. In January he called Dr. Ingalls to set up a conference to determine if the council might be of any assistance

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in the distribution of the instrument. It was decided that Dr. Ingalls would attend the next meeting of the council to present the instrument and answer any questions. Tentative plans were also made to include one copy in a packet to be distributed to participants in a workshop planned by the council for sometime in April of 1972.

Sufficient copies of the Health and Nutrition Record will be distributed to the following Day Care Centers in Mercer County:

Carolyn Stokes Day Nursery	92
Day Care 100	60
Community Day Care Corporation	80
Mt. Carmel Guild	30
Family Life Center	25
Mercer Street Friends Day Care Center	60

A three-year supply will be provided to each center with the remaining copies given to Mr. Waxman at the Greater Mercer County Comprehensive Planning Council, who has agreed to be distribution agent. Day care centers, not publically funded, may be provided copies for a minimal fee. Monies collected will be used to provide additional copies when needed.

Chapter III -- Results

The objectives set forth in the original proposal were accomplished in the following manner:

1. <u>To determine the items necessary for a comprehensive Health and Nutrition Record to be sent to the Public and Parochial schools from selected pre-school day care servicing agencies.</u>
   Health records and registration forms used by selected day care centers were evaluated and common items were listed in the first draft which was sent to each agency for suggestion in the drafts that followed. Preliminary Documents are on file.
2. <u>To design an instrument on which to record the necessary health and nutrition data.</u>
   The final instrument represents the combined effort of the representatives of the participanting agencies. A pre-test at the Community Day Care Center by the social worker provided suggestions for better utilization of space. The instrument is designed for maximum use by the day care center, receiving public or parochial school, and the City of Trenton Department of Health. Page 1. includes information particular interest to the classroom teacher and school nurse; page 2. includes the information for the medical team.
3. <u>To determine ways of channeling this information to the Trenton public and parochial schools from the selected day care servicing agencies.</u>
   Mr. Albert Waxman, Associate Executive Director of the Greater Mercer Comprehensive Planning Council has agreed to be responsible for future distribution of the instrument. Cooperating agencies will be provided a three-year supply by the project principal investigator. Sensitized paper provides three copies of the instrument. The white copy will be sent to the receiving public or parochial school; the yellow copy will be sent to the Health Officer at registration; the manila copy will be sent to the Health Officer when the child leaves the day care center.

4. To implement the selected way of channeling the information.

The white copy of the instrument will be sent to the receiving school along with any additional information relative to the child.

As indicated, the four objectives listed in the original proposal were completed during the time allotted for the project. Additional time was necessitated because of budgetary and communication problems. (See Limitations).

Chapter IV -- Conclusions

Although the project, as originally designed, was completed to the best of the ability of Dr. Dorothy M. Ingalls, principal investigator, it would take much deliberation before such a project would be undertaken again. What is not indicated in this final report are the many hours required to get through the red tape, primarily at the state and college level. Items approved by the Federal Government were questioned and sometime altered by the State of New Jersey. The original time scnedule could not be followed because the project was not approved by the State of New Jersey until March 1, 1971 and no funds were available until June 1, 1971 even though the U.S. Commissioner of Education for the Bureau of Research Support approved funding on January 31, 1971. It was not until February, 1972 that the principal investigator knew the January date even existed.

Without the cooperation of the representatives of the supporting agencies the project could not have been accomplished. The original investigation by the principal investigator was made very difficult because of the lack of coordination of the many supporting agencies. It is sincerely hoped the Greater Mercer Comprehensive Planning Council can continue its efforts in coordinating and standardizing the work of the day care centers in Mercer County. There is great duplication of effort.

At present, only the participating agencies have agreed to utilize the Health and Nutrition Record. It is sincerely hoped that as the instrument is used, additional agencies will request permission to utilize it, thereby providing a step in the direction of standardization.

Chapter V -- Recommendations

In addition to the recommendations suggested under limitations, it is recommended that the classroom teacher in the receiving school be given an opportunity to read and evaluate the information on page 1. of the instrument. Many of the items have a direct bearing on the teaching-learning process. Most times the Health and Nutrition Records are used only by the medical and nursing staffs.

Although the Health and Nutrition Record developed by the principal investigator was prepared for the City of Trenton, it could be used by day care centers throughout New Jersey or any other state. Dr. Henry Birne, City of Trenton Health Officer suggested a copy be shared with Mrs. Bigelow at the HEW Office in New York City.

PART 1 - (WHITE) RECEIVING SCHOOL
PART 2 - (CANARY) HEALTH OFFICER - REGISTRATION
PART 3 - (MANILA TAG) HEALTH OFFICER --COMPLETE

HEALTH and NUTRITION RECORD

_____ DAY CARE CENTER

CHILD'S NAME: _____
LAST MIDDLE INITIAL M F

ADDRESS:

STREET	CITY	STATE	PHONE	LENGTH AT ADDRESS

DATE OF BIRTH _____ BIRTH _____
MO. DAY YR. AT HOME NAME OF HOSPITAL ADDRESS

PRENATAL CARE: _____ WT. AT BIRTH _____ TYPE OF BIRTH _____
LB. OZ.

FAMILY PHYSICIAN OR HEALTH CENTER: _____
NAME ADDRESS

MOTHER'S NAME: _____ SOCIAL SECURITY NO. ____ - ____ - ____
LAST FIRST INITIAL

MOTHER'S ADDRESS: _____
STREET CITY STATE PHONE NUMBER

FATHER'S NAME _____ SOCIAL SECURITY NO. ____ - ____ - ____
LAST FIRST INITIAL

FATHER'S ADDRESS: _____
STREET CITY STATE PHONE NUMBER

GUARDIAN OR FOSTER PARENT: _____ SOCIAL SECURITY NO. ____ - ____ - ____
LAST FIRST INITIAL

ADDRESS _____ AGENCY: _____
STREET CITY PHONE NUMBER

CHILDREN LIVING IN HOUSEHOLD (OLDEST TO YOUNGEST)

NAME	AGE	SEX	RELATIONSHIP	NAME	AGE	SEX	RELATIONSHIP

ADULTS LIVING IN HOUSEHOLD

RELATIONSHIP	RELATIONSHIP	RELATIONSHIP	RELATIONSHIP

HEALTH HISTORY (GIVE DATE, IF KNOWN - IF NOT INSERT "X")

	FAMILY	CHILD		CHILD	ADDITIONAL DATA	CHILD		CHILD
ALLERGY:			DIPTHERIA		AGE WALKED		NUTRITION:	
ASTHMA			DRUGS		AGE TALKED		MEALS AT HOME	
ECZEMA			GERMAN MEASLES		AGE TOILET TRAINED		BREAKFAST	
OTHER:			HEPATITUS		BED WETTING		LUNCH	
DIABETES			MEASLES		NIGHTMARES		DINNER	
EPILEPSY			MIDDLE-EAR INFECT.		CONSTIPATION		MEALS BALANCED	
MENTAL ILLNESS			MENINGITIS		INADEQUATE SLEEP		BREAKFAST	
RHEUMATIC FEVER			MUMPS		POOR APPETITE		LUNCH	
CHOLERA			PNEUMONIA		TIRES EASILY		DINNER	
TUBERCULOSIS			TYPHOID FEVER		COLDS FREQUENT		SLEEPING CONDITION	
POLIOMYELITIS			WHOOPING COUGH		CONVULSIONS		NO. SHARING RM.	
ANEMIA			KIDNEY INFECT.		LEAD POISONING		NO. SHARING BED	
SICKLE CELL			OPERATIONS: APPENDIX		RAT BITES		REQUIRES SLEEP	
OTHER:			HERNIA		MENTAL RETARDATION		LITTLE	
			TONSILS		PHYSICAL HANDICAP		AVERAGE	
CHICKEN POX			OTHER:				A LOT	

IMMUNIZATION and DIAGNOSTIC

	DATE		DATE
DPT (1)		MUMPS	
DPT (2)		CHOLERA	
DPT (3)		PARATYPHO	
DPT BOOSTER		YELLOW FE	
DPT BOOSTER		MALARIA	
POLIO-SALK TRIVALENT		SMALLPOX	
POLIO-SALK UNIVALENT		DIPHTHERIA	
POLIO-SABIN TRIVALENT		PERTUSSIS	
POLIO-SABIN UNIVALENT		OTHER:	
TETANUS			
MEASLES			
GERMAN MEASLES			

PURPOSE	DATE

URISTIX TEST (SUGAR-ALBUMIN)

DATE	PURPOSE	HOSPI

NAME OF CENTER:

GENERAL INFORMATION:

FOOD SUPPLEMENTS PROV

SPECIAL MEDICATION NEE

FOOD ALLERGIES

EATING HABITS

RESTING HABITS

OTHER: (SOCIAL, EMOTIO

HEALTH and NUTRITION RECORD

_____ DAY CARE CENTER

DATE OF ENTRANCE: _____ (MONTH / DAY / YEAR)

TIAL M F

PHONE	LENGTH AT ADDRESS

ADDRESS

BIRTH _____

PHONE NUMBER

PHONE NUMBER

SEX RELATIONSHIP

LATIONSHIP

	CHILD
UTRITION:	
MEALS AT HOME	
BREAKFAST	
LUNCH	
DINNER	
MEALS BALANCED	
BREAKFAST	
LUNCH	
DINNER	
SLEEPING CONDITION	
NO. SHARING RM.	
NO. SHARING BED	
REQUIRES SLEEP	
LITTLE	
AVERAGE	
A LOT	

IMMUNIZATION and DIAGNOSTIC PROCEDURES

	DATE		DATE
DPT (1)		MUMPS	
DPT (2)		CHOLERA	
DPT (3)		PARATYPHOID	
DPT BOOSTER		YELLOW FEVER	
DPT BOOSTER		MALARIA	
POLIO-SALK TRIVALENT		SMALLPOX	
POLIO-SALK UNIVALENT		DIPHTHERIA	
POLIO-SABIN TRIVALENT		PERTUSSIS	
POLIO-SABIN UNIVALENT		OTHER:	
TETANUS			
MEASLES			
GERMAN MEASLES			

OBSERVATIONS BY RECORDER

	PARENT	CHILD
HEIGHT: TALL		
SHORT		
MEDIUM		
WEIGHT: OBESE		
THIN		
AVERAGE		
DRUG ADDICTION		
ALCOHOL		
NERVOUSNESS		
POOR SPEECH		
SKIN: CLEAR		
BLEMISHED		

COMMENTS: (PLEASE INITIAL AND DATE)

HOSPITALIZATION

PURPOSE	DATE	AGE	LENGTH	HOSPITAL	ADDRESS

URISTIX TEST (SUGAR-ALBUMIN)

DATE	PURPOSE	HOSPITAL OR FACILITY

LABORATORY EXAMINATIONS

TYPE	DATE	RESULTS	HOSPITAL OR FACILITY

DAY CARE CENTER

NAME OF CENTER:

ADDRESS:

GENERAL INFORMATION:

FOOD SUPPLEMENTS PROVIDED

SPECIAL MEDICATION NEEDED

FOOD ALLERGIES

EATING HABITS

RESTING HABITS

OTHER: (SOCIAL, EMOTIONAL, MENTAL)

COMMENTS BY TEACHER, NURSE OR SOCIAL WORKER:
(PLEASE SIGN ENTREE AND DATE)

DETACH THIS PART AND FORWARD. BALANCE OF SET REMAINS INTACT AND IS FILED.

PART 1 - (WHITE) RECEIVING SCHOOL
PART 2 - (CANARY) HEALTH OFFICER - REGISTRATION
PART 3 - (MANILA TAG) HEALTH OFFICER - COMPLETE

HEALTH and NUTRITION RECORD

_____ DAY CARE CENTER

CHILD'S NAME: _____ ADDRESS: _____
LAST FIRST INITIAL STREET CITY STATE

GROWTH RECORD:

HEIGHT	WEIGHT	DEFECT OWT	DEFECT UWT	REMARKS: (PLEASE SIGN AND DATE)

VISUAL ACCUITY

WITHOUT GL. RT	WITHOUT GL. LT	WITH GLASSES RT	WITH GLASSES LT	DEFECT	REMARKS: (PLEASE SIGN AND DATE)

AUDIOMETRIC RECORD

PRE-PASSED	DECIMAL LOSS	DEFECT	REMARKS: (PLEASE SIGN AND DATE)

DENTAL EXAMINATIONS

WORK REQUIRED	DATE COMPLETED	NAME OF DENTIST	REMARKS: (PLEASE SIGN AND DATE)

EXCLUSIONS:

REASON	LENGTH	OTHER:

PERIODIC PHYSICAL E

AGE:		
HEIGHT		
WEIGHT		
VISION WITH R		
L		
VISION WITHOUT R		
L		
COLOR VISION		
HEARING R		
L		
NOSE		
THROAT		
SPEECH		
HEART		

PHYSICIAN'S REMARKS: (PLEASE

NURSE'S REMARKS: (PLEASE SIGN

PSYCHOLOGICAL COMMENTS: (P

NEUROLOGICAL COMMENTS: (PL

HEALTH and NUTRITION RECORD

REET CITY STATE

TE)

TE)

N AND DATE)

DAY CARE CENTER

PERIODIC PHYSICAL EXAMINATION / - NO PROBLEM X - PROBLEM DISCOVERED

AGE:					LUNGS					
HEIGHT					GLANDS					
WEIGHT					ABDOMEN					
VISION WITH R					ORTHOPEDIC					
L					FOOT					
VISION WITHOUT R					EXTREMITIES					
L					NUTRITION					
COLOR VISION					SKIN					
HEARING R					GROWTH DEV.					
L					GENERAL APP.					
NOSE					POSTURE					
THROAT					OTHER:					
SPEECH					PHYS. SIGN					
HEART					DATE					

PHYSICIAN'S REMARKS: (PLEASE SIGN AND DATE)

NURSE'S REMARKS: (PLEASE SIGN AND DATE)

PSYCHOLOGICAL COMMENTS: (PLEASE SIGN AND DATE)

NEUROLOGICAL COMMENTS: (PLEASE SIGN AND DATE)

DETACH THIS PART AND FORWARD. BALANCE OF SET REMAINS INTACT AND IS FILED.

FINAL BUDGET REPORT

PROJECT NUMBER: IB039
GRANT NUMBER: OEG-2-710039

Dr. Dorothy M. Ingalls
Trenton State College
Hillwood Lakes
Trenton, New Jersey 08625

DEVELOPMENT AND IMPLEMENTATION OF A COMPREHENSIVE HEALTH AND NUTRITION RECORD

March 1972

U.S. DEPARTMENT OF HEALTH, EDUCATION & WELFARE

Office of Education

CATEGORY	ALLOCATION	DISBURSEMENTS	RETURNED
A. Director Costs			
1. Projector Director	$3750.00	$3750.00	--------
2. Consultants	1000.00	700.00	300.00
3. Secretary	1250.00	799.25	450.75
Employee Benefits			
1. Project Director	180.00	180.00	--------
Travel			
1. Projector Director	75.00	15.30	59.70
2. Visitation to Cities	300.00	------	300.00
3. Outside Consultants	700.00	400.00	300.00
Supplies & Materials			
1. Typing paper	25.00	8.72	16.28
2. Memo	50.00	-----	50.00
3. Sensitized Paper			
Pre-Test	50.00	43.60	6.40
Test	100.00	------	100.00
Final Instrument	250.00	248.00	2.00
Communication			
1. Long Distance Calls	100.00	------	100.00
2. Postage	50.00	1.28	48.72
3. Local Calls	8.00	8.00	----
Services			
1. Duplication Final Inst.	200.00	200.00	------
2. Photo Copy	25.00	4.50	20.50
Final Report	50.00	50.00	-----
B. Indirect Costs	1257.00	1257.00	-------
TOTALS			$1754.35